

# Massages

## Traditional Thai Massage

🕒 treatment time: 60 min. 📁 treatment price: 239 pln  
🕒 treatment time: 90 min. 📁 treatment price: 309 pln

## Thai Oil Massage

🕒 treatment time: 60 min. 📁 treatment price: 249 pln  
🕒 treatment time: 90 min. 📁 treatment price: 319 pln

## Bali Oil Massage

🕒 treatment time: 60 min. 📁 treatment price: 249 pln  
🕒 treatment time: 90 min. 📁 treatment price: 319 pln

## Thai Foot and Legs - Reflexology

🕒 treatment time: 30 min. 📁 treatment price: 139 pln  
🕒 treatment time: 60 min. 📁 treatment price: 199 pln

## Thai Back, Arms and Neck Massage

🕒 treatment time: 30 min. 📁 treatment price: 149 pln  
🕒 treatment time: 60 min. 📁 treatment price: 209 pln

## Bali Facial and Head Massage

🕒 treatment time: 30 min. 📁 treatment price: 129 pln  
🕒 treatment time: 60 min. 📁 treatment price: 189 pln

## Bali Oil Massage + Facial and Head Massage

🕒 treatment time: 90 min. 📁 treatment price: 319 pln  
🕒 treatment time: 120 min. 📁 treatment price: 379 pln

## Thai Oil Massage + Facial and Head Massage

🕒 treatment time: 90 min. 📁 treatment price: 309 pln  
🕒 treatment time: 120 min. 📁 treatment price: 369 pln

## Bali Oil Massage + Foot Massage

🕒 treatment time: 90 min. 📁 treatment price: 319 pln  
🕒 treatment time: 120 min. 📁 treatment price: 379 pln

## Thai Oil Massage + Foot Massage

🕒 treatment time: 90 min. 📁 treatment price: 309 pln  
🕒 treatment time: 120 min. 📁 treatment price: 369 pln

# Rituals

## Aromatic Coconut Ritual

Coconut peeling + Thai Coconut Oil Massage

🕒 treatment time: 90 min. 📁 treatment price: 349 pln

## Ari's Signature Ritual

Body peeling + Thai/Bali Hot Shea Butter Massage

🕒 treatment time: 90 min. 📁 treatment price: 359 pln

# Massages



Feel the oriental charm of our exceptional Thai and Balinese massages, which we offer in our SPA. We invite you to familiarize yourself with our offer, which will bring you a moment of relaxation and rest.

## **Classic Thai Massage**

Classic Thai massage is a deep massage that relaxes and restores balance to the body. It uses acupressure, passive yoga elements, stretching and reflexology to stimulate circulation and the lymphatic system. Performed without the use of oils in specially prepared, unrestrictive clothing.

## **Thai Oil Massage**

A relaxing ritual that not only relaxes, but also supports immunity and removes toxins from the body, giving you a moment of respite.

## **Bali Oil Massage**

A gentle or stronger massage that relieves pain and supports the immune system. It stimulates circulation, improves well-being by eliminating tension,

Our masseurs will take care of your comfort using high-quality oils that nourish your skin.

Feel the oriental relaxation of our Thai and Balinese massages now by booking your moment of relaxation at the Navigator Hotel SPA.

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